

Topic: **Combination Play**

Objective: **To technically improve & tactically understand how and when to combine effectively to create opportunities in attack.**

Session Part: Technical Warm-up



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Session Part: Small Sided Game



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Session Part: Expanded Small Sided Game



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Session Part: Game



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Organization		Time:	15
Area:		30x20	
Numbers:		8	
Balls start at the bottom of the grid. Both teams working. White A plays into central B who uses a turning technique (open up, inside across, outside across) and then plays into C who dribbles back to the start point of the opposite line. Each player follows their pass. 2.) A plays into B who sets back. A moves to pass to C while B spins out and receives a set pass from C. B plays back to C who dribbles to the start. Each player follows his/her pass			
Progressions		Coaching Points	
1.) B checks out to create a passing lane for A to play long into C. B spins out and receives a set back pass from C. B plays back into C's path and C dribbles to start.		Movement to receive (check away, receive on the half turn, check shoulder, Weight/accuracy of passing, Spatial awareness. Timing of runs, Choosing correct receiving surface (inside, laces, outside)	
Organization		Time:	20
Area:		35x25	
Numbers:		6	
4v2 Players work in a group of 4 made up of two pairs against 2 defenders. The aim is to work up and down the field to score in end zones. They should attack one end and then the other unless there is a change in the defending team i.e. which ever pair loses the ball become the new defenders and the new 4 can attack either side			
Progressions		Coaching Points	
Team of 4 gives enough players to perform all combinations; progress to having to make a combination play before scoring Scoring by running on to ball in the end zone - dribbling in I not a point		Demonstrate opportunities to work in triangles or chances to overlap Passing accuracy and 1st touch - important in small space and to maintain a good speed of play	
Organization		Time:	25
Area:		Half Field	
Numbers:		12	
6v6 with field players playing in a diamond with 1 central player.			
Progressions		Coaching Points	
Must combine before you can score		3rd man overlap Up-back and through Short passing in confined area to switch field	
Organization		Time:	30
Area:		Full field	
Numbers:		9v9	
3-1-3-1 vs 3-1-3-1 Creating diamonds and space to combine			
Progressions		Coaching Points	
Goals directly after a combination play worth 2 The more difficult the combination play e.g. a 3rd man overlap worth 3 goals		Off the ball movement to enable combinations Effective communication to efficiently execute combinations Good speed of play	