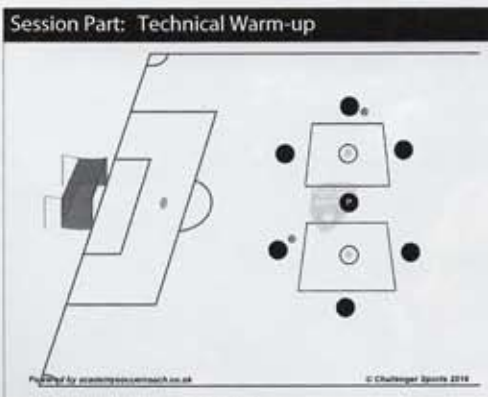


Topic: Passing and Receiving for Possession

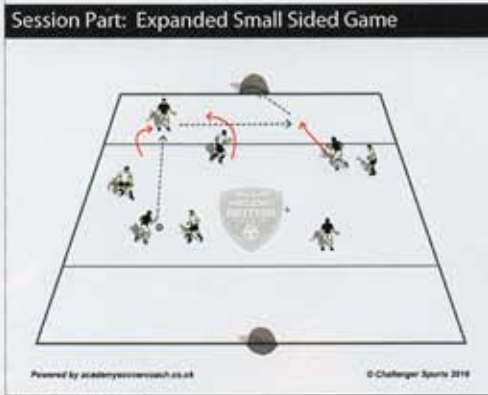
Objective: To teach and encourage ball retention and recycling through passing, receiving and off the ball movement



Organization		Time:
Area:	2 8x8 boxes	15
Numbers:	9	
4v1 rondo's with a pivot player Players possess the ball around the central defender, whoever loses the ball becomes the defender. Bad passes/touches or turning their back to play to retrieve ball also results in becoming the defender. Pivot player has to try to keep an open body position as well as scan both grids for opportunities on the ball. Switch pivot player every 2 minutes		
Progressions		Coaching Points
Pivot player rotates with another attacker in play		Pivot player - checking 360 space Positive touches to increase speed of play Weight and accuracy of passes



Organization		Time:
Area:	25x30	20
Numbers:	12	
8v4 playing in teams of 4 One team of 4 start as defenders as the remaining 2 teams circulate the ball. Which ever player loses possession, their team of 4 then becomes the defending team. Each team of 4 gets a point every time they get to a set number of passes (based on players ability) working in the group of 8.		
Progressions		Coaching Points
Can the teams in attack identify a play maker to adopt a central position, playing through these players earns more points		Scanning field for space and pressure Playing a step ahead i.e. knowing next move/pass Creating space for the player on the ball with off the ball movements



Organization		Time:
Area:	40x25	25
Numbers:	8	
4v4 in the central area Play possession to create an passing lanes for through balls. The attacker must run onto a pass into the end zone. Once an attacking player enters the end zone they can be joined by a teammate and 1 opposition defender creating a 2v1. A pass must to be made in end zone before you can score, encouraging quick support in attack to find success with a goal.		
Progressions		Coaching Points
Allow a 2nd recovering defender in the end zone (2v2)		Make the field as long and wide as possible in possession Play in small space to create a way around defense of stretch field to play through



Organization		Time:
Area:	Full Field	30
Numbers:	9v9	
3-1-3-1 vs 3-3-2 Gives the midfield and defense natural width and provides 1 target player		
Progressions		Coaching Points
The number of passes made, in any undisrupted possession before a goal, is how many points the goal is worth		Be patient in possession Offer options to team mates (including backwards) Switch the play away from congestion