

Topic: **Finishing in the Final Third**

Objective: **To teach how to execute quick combination play leading to a goal scoring opportunity**

Session Part: Technical Warm-up



Organization		Time:	15
Area:	Penalty Box +10		
Numbers:	10		
<p>Players rotate between the right and left side at the top of the box. The first player in line goes to the back pole which acts as a defender. The attacker then checks off the defender (pole) and checks to collect the pass from the next player in line. The attacker receives on their back foot where possible to play through poles to shoot. This should be 2 touches only. The first touch should be good enough to shoot on second touch.</p>			
Progressions		Coaching Points	
<p>Make a 1-2 with the player passing the ball in then bend a run through gates to receive in the box to shoot.</p>		<p>Finishing techniques, power/placement, going across the keeper. Preparation touch; get it out of feet on a good angle.</p>	

Session Part: Small Sided Game



Organization		Time:	20
Area:	Final Third		
Numbers:	8		
<p>5v2 +GK. Ball starts with the midfield 2 who wait for movement of the striker Once the striker receives, all players are active and look to score in goal. Mannequins are put in areas to represent a 4-2 defensive formation.</p>			
Progressions		Coaching Points	
<p>Remove the mannequins and replace them with defenders creating a 5v4 or 5v6</p>		<p>Movement from the striker must be sharp Other players must think about 2nd/3rd phase of play Use different outlets to score (Crossing, penetrating passes, shooting from distance etc.)</p>	

Session Part: Expanded Small Sided Game



Organization		Time:	25
Area:	Half Field		
Numbers:	10		
<p>5v5 +GK's. Teams play 3v3 in the defined middle third of the field. They are looking to work the ball to their striker who is in the attacking zone. The striker then looks to feed the ball back to a center player to shoot (first time ideally) Striker should then follow up and rebounds that come off the goalkeeper</p>			
Progressions		Coaching Points	
<p>Introduce a defender to go with the striker into the end zone. After the ball is played into the striker, the passer can join in the end zone. The ball can either be worked there (2v1 or played back for a shot from distance</p>		<p>Looking for movement to receive from the striker Can the center players work a yard of space for a shot?</p>	

Session Part: Game



Organization		Time:	30
Area:	Full Field		
Numbers:	11v11		
<p>4-2-3-1 vs 4-2-3-1 This is specifically to work on the front 4 (10, 11, 7 and, 9) and their combination play to get to goal and finish chances.</p>			
Progressions		Coaching Points	
<p>If they are lacking space, alter the opposition formation to a flat 3-4-3 This change should give the number 10 clear space to work in, while allowing free width if the ball must go wide</p>		<p>Encourage attacking movement off the ball and quick combination passing Shoot from distance Use width and get crosses into the area</p>	